

## **Creative Flexibility**

**Total time: 15 minutes** 

**Suitable for: Everyone** 

**Genre: Nonfiction/flexible** 

For five (5) minutes each, follow the prompts below.

1: Write about a real-world or fictional situation that represents extreme sadness or pain.

2: Write about a real-world or fictional situation that represents extreme joy and compassion.

3: Write about a real-world or fictional situation that represents the ending and another beginning.

Take your favorite and continue on/revise.

Bonus: Combine them.